

SEPTEMBER

Welcome Back!

We are looking forward to serving your students wholesome food to fuel their minds and bodies. Our Nutrition Services department takes pride in our farm-to-school program, featuring fresh food from local farms on our menus, and supporting the farm-to-fork vision in Sacramento.

Every student in our schools (with the exception of some charters) is welcome to a free breakfast daily, regardless of family income. Each and every morning, allow us to fuel your students with wholesome food! Students joining us for lunch have unlimited access to our salad bars, featuring fresh, local produce in an ever-changing variety! This month we are offering local watermelon, stone fruit, strawberries and sunbust tomatoes!

Our staff is passionate about food, and the positive affect it can have on students!

Sincerely,
 Diana Flores
 Nutrition Services Director

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Holiday	3 Foster Farms Chicken Corn Dog with Tater Tots	4 Crunchy Beef Taco, Refried Beans, Tortilla Chips	29 Mozzarella Cheese Bites with Marinara Sauce	30 Popcorn Chicken and Mashed Potatoes, with Big Spoon Sorbet
9 Tyson Chicken Strips with Roasted Potatoes	10 Macaroni & Cheese with Steamed Broccoli	11 Taco Bowl, with or without Carnitas, and Refried Beans	12 Cheese Burger with Tater Tots	13 Pepperoni or Cheese Pizza

REDUCE OR AVOID MEAL CHARGES!

Apply online:

www.scusd.edu/applyformeals

INCLUDED: Unlimited Salad Bar full of fresh fruits and vegetables:
 choice of fat-free milk, low-fat milk or Lactaid.

OPTIONS: Listed entrée or a Sunbutter Sandwich with a string
 cheese stick and whole-grain goldfish.

MONDAY

16

Breaded
Drumstick
Annie's Bunny
Grahams

TUESDAY

17

Foster Farms
Chicken Corn Dog
with Tater Tots

WEDNESDAY

18

Crunchy Beef
Taco,
Refried Beans,
Tortilla Chips

THURSDAY

19

Whole-grain
Breaded
Chicken
Sandwich

FRIDAY

20

Mandarin
Orange Chicken
with Hawaiian
Brown Rice

23

Tyson
Chicken Strips
with
Roasted Potatoes

24

Macaroni &
Cheese
with Steamed
Broccoli

25

Taco Bowl,
with or without
Carnitas,
and Refried
Beans

26

Cheese Burger
with
Tater Tots

27

Pepperoni or
Cheese Pizza

30

Breaded
Drumstick
Annie's Bunny
Grahams

Did you know...

The Community Eligibility Provision (CEP) allows 58 of SCUSD's school sites to serve breakfast and lunch free of charge to ALL students, regardless of eligibility.

The SCUSD school sites listed below are non-CEP. Breakfast is free of charge, and you may apply for free or reduced-price lunches by completing one meal application per household each school year online at: www.scusd.edu/applyformeals

Non-CEP sites:

- | | | | |
|-----------------------|-------------------|---------------|----------------|
| Alice Birney | David Lubin | Matsuyama | The Met* |
| A.W. McClasky* | Genevieve Didion | Phoebe Hearst | Theodore Judah |
| Caleb Greenwood | George W. Carver* | Pony Express | West Campus* |
| CA Montessori Project | Hubert Bancroft | Sol Aureus | |
| C.K. McClatchy* | John F. Kennedy* | Sutter* | |
| Crocker Riverside | Leonardo da Vinci | Sutterville | |

Non-CEP prices:

Breakfast: No charge • Elementary Lunch: \$2.75 • Secondary Lunch: \$3.25*

Parents/guardians can prepay for meals, view account activity, and set low-balance reminders online with **EZ School Pay!** Submit an application at <https://www.ezschoolpay.com/Login.asp>



Nutrition Services 916-395-5600
This institution is an equal opportunity employer and provider. Menus subject to change.

The District Wellness Policy
(BP 5030) was passed in 2017 and covers a variety of topics, including physical activity, nutrition education and health services. The policy regulates food served and sold to students during the school day and after-school programs, such as birthday celebrations, fundraising, and student rewards. To learn more about the District Wellness Policy, or to attend a committee meeting, visit: www.scusd.edu/district-wellness-committee



Nutrition Services has 3-hour lunch positions AVAILABLE NOW!
To apply, go to www.scusd.edu/employment or call Rebecca at 916-395-5600.